

Increasing awareness and promoting proper management of sports related concussions.



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Thank you for your interest in Indiana Sports Concussion Network (ISCN) and the ImPACT concussion management program. ISCN is a group of physicians, psychologists, athletic trainers, athletic directors, and high school personnel who are dedicated to increasing awareness about concussion and preventing the possibility for Second Impact Syndrome and other permanent brain injuries. We are very excited about this opportunity for Indiana's high school athletes.

IU Health has donated baseline ImPACT tests for all Indiana high school athletes participating in IHSAA sanctioned sports. There is no fee for the schools to sign up for this program or to obtain the baseline tests. The baseline tests can be administered at the school in a "group setting" such as a computer lab. The only requirement for administering the test is to complete a computer based course for to be certified to give the test. The requirements for accessing the test are internet availability and the code provided by Indiana Sports Concussion Network.

This program provides baseline ImPACT tests for your high school athletes. These baseline tests are stored in a database online. If you later suspect that an athlete has sustained a concussion, the athlete should be seen by an ImPACT trained physician to take a post-injury test and receive a thorough evaluation. The results of the post-injury test are compared to the baseline results to determine the extent of the injury and the healing that has occurred. The physician will determine when the athlete's brain has completely healed and when it is safe for the athlete to return to play. The physician visits and post-injury tests are not included in this program, but most insurance companies have been covering the costs just like any other physician office visit. You can find an ImPACT trained physician participating in ISCN near you by visiting our website, www.IndianaSportsConcussionNetwork.com and clicking on "ISCN Clinicians" or www.impacttest.com and clicking on "Doctor Locator".

In order to administer the baseline tests, the person(s) who will proctor the test must complete an online training session presented by ISCN. Once a representative has completed a training session, that school will be given instructions on how to administer the test and be given a code to access the ImPACT test.

If you would like to be included in this program, please send the following information verifying your school's participation.

1. How many tests will you need for your school? (Remember, this program is for all high school athletes in IHSAA sanctioned sports.) An estimate is acceptable is an exact number is not available. You may request more tests later if needed.
2. Who will be administering the tests? Please provide the name, title/position (athletic trainer, coach, etc), preferred email, and best phone number for that person.

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Thank you again for your activism and interest in this program. Please let us know what we can do to help your school get involved with Indiana Sports Concussion Network. There are opportunities for group presentations on who we are, what we do, and additional information on the ImPACT testing. Feel free to contact us if you are interested in one of these presentations for parents, coaches, physicians, and others who may be interested in the ISCN.

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